

Case Study: Active Transport

Town Hall House, 456 Kent Street

As part of its 2030 vision for a green, global and connected city, the City of Sydney promotes active and sustainable transport. Walking or cycling to work delivers cost, environmental and health benefits to both staff and the organisation.

Pitstop

The Pitstop end-of-trip facility opened in 2014 providing showers, lockers and change rooms to a growing number of City staff who walk, run and ride to work, and exercise during their lunch break. The Pitstop is used by around one hundred staff each week day.



Located at street level and highly visible, the full bike racks also promote bike riding and a healthy workforce culture to the public.

A recent survey of Pitstop users found the facilities are in strong demand. Forty three per cent use the Pitstop for bike riding, 16 per cent for running or walking to work, and 23 per cent for lunchtime exercise.

The facilities feature:

- 150 bicycle parking spaces
- 160 lockers
- 15 ensuite bathrooms (two accessible)
- ironing boards and hair dryers
- a bike maintenance station with air pumps
- a water station
- a route-planning map

Fleet bikes

The City has 27 fleet bikes, including cargo and pedal-assist bikes at Town Hall House, depots and other council venues. Odometers mounted on each bike show the City's bike fleet has travelled more than 9,785 kilometres since January 2012.

The bikes are ideal for short trips, and reduce travel times to meetings and site visits by avoiding delays from inner city parking and traffic congestion.

Staff can use fleet bikes for work-related travel to meetings or site visits, and must first complete a "Cycling in the City" half-day training course.

Nearly a third of City staff have undertaken the training and have access to the fleet.

Senior Planner Jai Reid said; "Travelling by bike is a significant time saver for planners who need to compete with the city traffic to travel just a few kilometres, and parking is a breeze. The electric bikes open cycling to all fitness levels and allows planners to attend site visits without having to get changed into bike gear."

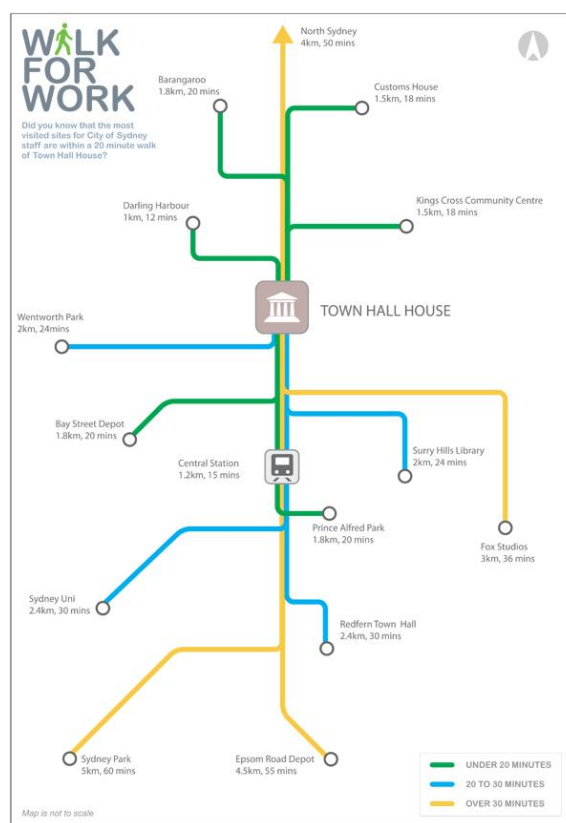


A monthly lunchtime ride gives staff the opportunity to practice using the fleet bikes and riding in the city, improve confidence and learn the best routes.

Internal travel guide

A staff travel guide on the intranet helps everyone make sustainable and active travel choices. It encourages employees to walk, use the fleet bikes or catch public transport to meetings in preference to fleet cars or taxis.

The resource features maps with walking and cycling times to key destinations that are less than 30 minutes from Town Hall House.



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