



## **Cycling to work case study**

Founded in 1817, Westpac is Australia's first bank and first company. Westpac's Group's Head Office is located at 275 Kent Street and is known as Westpac Place. In 2015 the Westpac Group was the first commercial tenant to move into International Towers Sydney, Barangaroo, occupying 27 floors in Tower Two. Westpac Place and Barangaroo house Westpac Group's CBD workforce, of approximately 9,000 employees.

Westpac Group (including Westpac, BT Financial Group and St.George) has a strong commitment to employee health and wellbeing, providing a range of programs and facilities around five core wellbeing factors: Family & Community; Finances; Health; Values; and Work.

### **Wellbeing focus**

Focussing on the wellbeing element, the move to Barangaroo and agile working provided an opportunity to enhance the offering to employees.

Two years prior to the move as part of the design phase, Westpac Group held workshops with approximately 2,000 employees to identify priorities for the new premises. The results of these workshops around wellbeing included the desire for:

- preventative health services - now delivered via an onsite Wellness Centre at Barangaroo and Westpac Place, which offers access to physiotherapy, massage, dietician, podiatry and other services.
- a dedicated exercise space - a yoga and pilates area as part of the Wellness Centre offering
- access to a significantly enhanced end of trip facilities including bike racks, lockers and shower facilities and a towel service at Barangaroo

Riding a bike to work is currently very popular among Sydney based Westpac Group employees. There are currently 189 bike racks at Westpac Place and over 400 at Barangaroo. The Westpac Group is working with designers and the building owner Mirvac to look at options to install more bike racks at Westpac place as part of an upcoming building refresh. There is currently a very strong employee Yammer group owned and managed by the cycling community.

Engagement with the cycling community based at Westpac Place and Barangaroo continues to be an important focus for Westpac Group. At an internal expo in 2015, end of trip facilities including bike racks and lockers were on display for employees Sydney wide. This enabled Westpac to increase awareness around cycling as an option for employees to support their wellbeing. Prior to the move to Barangaroo tours were run each week with employees to showcase the end of trip facilities, close to 1,000 employees took the opportunity to visit the new facilities - demonstrating the strong interest in wellbeing and in particular cycling.

### **Barangaroo**

The facilities available for Westpac Group employees at Barangaroo provide 400 secure bike racks and 400 lockers. In addition to 40 showers, the dedicated Westpac Group change rooms offer

convenience services including fresh daily towels, as well as amenities such as garment airing facilities, hair dryers and straighteners as well as ironing stations. “We really want to encourage everyone who would like to exercise more regularly by making it simple to use our End-of-Trip facilities by providing a superior range of services”, said Jane Napthali, Executive Manager, Westpac Corporate Services.

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